

IN-SERVICE TRAINING WATERFRONT

Water Search: Donning Fins and Mask		
Time Allocation: 40 minutes		
TIME BREAKDOWN w/ configuration set-up	ACTIVITY/DRILL	NOTES
10 minutes	Warm-up : Swim 550 yards	
15 minutes Configuration Set-up: 5-8+ rescuers 1 pair of fins and mask per rescuer Rescuers can be spread out on the shoreline.	Review/Practice Donning Fins and Mask, Land Watch videos below prior to training. Practice each drill 3-5 times. Incorporate time intervals for each drill.	Whoever arrives first at the line search assembly point, will raise a hand and state, "On me." Rescuers should have fins and mask in same hand. Hands should be joined for the line search. Fins and mask should be stored so they are easily accessible.
Tutorial videos: Establishing a line search, Land: https://goo.gl/HuSRN5 Donning fins and mask, Land: https://goo.gl/LuEVZa Establishing a line search with equipment, Land: https://goo.gl/fSHk1j Line search with donning fins and mask, Land: https://goo.gl/VL5G6H		
15 minutes Configuration Set-up: 5-8+ rescuers 1 pair of fins and mask per rescuer Rescuers can be spread out on the shoreline.	Review/Practice Donning Fins and Mask, Water Watch videos below prior to training. Practice each drill 3-5 times. Incorporate time intervals for each drill.	Whoever arrives first at the line search assembly point, will raise a hand and state, "On me." Rescuers should have fins and mask in same hand. Hands should be joined for the line search. Fins and mask should be stored so they are easily accessible.
Tutorial videos:		

Donning fins and mask, Water: <https://goo.gl/1qjCRG>

Establishing a line search with equipment, Water: <https://goo.gl/hStsnk>

Line search with donning fins and mask, Water: <https://goo.gl/jegPAV>