

# IN-SERVICE TRAINING WATERFRONT

Water Search: Line Search, Deep Water		
Time Allocation: 40 minutes		
TIME BREAKDOWN w/ configuration set-up	ACTIVITY/DRILL	NOTES
10 minutes	Warm-up : Swim 550 yards	
20 minutes  Configuration Set-up: 5-8+ rescuers  1 pair of fins and mask per rescuer  Rescuers can be spread out on the shoreline.	Review/Practice Deep Water Line Search  <b>Watch videos below prior to training.</b>  Practice each drill at least 5 times.	Whoever arrives first at the line search assembly point, will raise a hand and state, "On me."  Rescuers should have fins and mask in same hand.  Hands should be joined for the line search.  If a lines search needs to rotate and shift, the rotation phase will go first followed by the shift phase.  All commands should be called out for the whole line to hear.  Rescuers should be able to equalize pressure within their mask and ears as they descend.
Tutorial videos: Establishing landmarks for your line search, Deep water: <a href="https://goo.gl/3BxmKs">https://goo.gl/3BxmKs</a> Line search with shifting, Deep water: <a href="https://goo.gl/gA14wZ">https://goo.gl/gA14wZ</a> Line search with rotating, Deep water: <a href="https://goo.gl/eSyFga">https://goo.gl/eSyFga</a> Line search with rotating 180 degrees, Deep water: <a href="https://goo.gl/QZ7wsJ">https://goo.gl/QZ7wsJ</a> Line search with rotating and shifting, Deep water: <a href="https://goo.gl/gjZv4P">https://goo.gl/gjZv4P</a> Line search with underwater perspective, Deep water: <a href="https://goo.gl/2kMMnA">https://goo.gl/2kMMnA</a>		
10 minutes  Configuration Set-up: 5-8+	Drills Line Search, land to water	Focus on quick assembly of the line search

<p>rescuers</p> <p>1 pair of fins and mask per rescuer</p> <p>Rescuers can be spread out on the shoreline.</p>	<p><b>Watch videos below prior to training.</b></p> <p>Practice each drill at least 5 times.</p> <p>These are timed drills and should be done without errors.</p>	<p>Focus on good placement of equipment for rescuers to pick up and take with them into the water.</p> <p>When shifting and rotating, it should be done quick and efficient.</p> <p>All commands should be called out for the whole line to hear.</p>
<p>Drill videos:</p> <p>Forming a line search from shallow to chest deep: <a href="https://goo.gl/DvVk7E">https://goo.gl/DvVk7E</a></p> <p>Donning fins and mask: <a href="https://goo.gl/gFa9VB">https://goo.gl/gFa9VB</a></p> <p>Doing a shallow water line search w/ equipment: <a href="https://goo.gl/gWmyfn">https://goo.gl/gWmyfn</a></p> <p>Forming a line search and donning fins and mask: <a href="https://goo.gl/7wWN8p">https://goo.gl/7wWN8p</a></p> <p>From land to deep water line search: <a href="https://goo.gl/hbNhmT">https://goo.gl/hbNhmT</a></p>		