

IN-SERVICE TRAINING WATERFRONT

Rescue Board: Multi-Rescuer, Multi-Victim 2		
Time Allocation: 40 minutes		
TIME BREAKDOWN w/ configuration set-up	ACTIVITY/DRILL	NOTES
10 minutes	Warm-up : Swim 550 yards	
30 minutes Configuration Set-up: 1 row with up to 4 rescuer pairs with 2 rescue boards 2 victims in the water at a depth of 9-13 feet.	<p>“Multi-Rescuer, Multi-Victim” Drills</p> <p>Watch videos below prior to training.</p> <p>Launch variations:</p> <ul style="list-style-type: none"> • Rescuers will launch simultaneously • Rescuer will have a staggered launch (5 second delay) <p>Victim configurations:</p> <p>Separate but Equal (SBE): Victims are separated with a short distance apart, enough for a board to go between both victims. One rescuer should be able to grab both victims.</p> <p>One Submerges: Once on victim is rescued, the second submerges.</p> <p>Both Submerge: Both victims submerge prior to rescuer’s arrival.</p> <p>Drills should be done from a prone position, then progress to a kneeling position.</p>	<p>Victims will be active, and rescuers must be prepared to do an escape if necessary.</p> <p>Lifeguard on board to monitor drills and safety.</p> <p>Safety word/tap must be used.</p> <p>Emphasis must be placed on keeping board between victim and rescuer if possible.</p> <p>If unable to keep barrier, then maintain contact with board and do reaching assist.</p> <p>Rescue without equipment as last choice.</p> <p>Rescues that involve more than two rescuers should focus on how to effectively manage their resources: equipment and rescuers.</p>
Tutorial Videos: RSQ BRD Team Rescue, SBE Configuration, Simultaneous: https://goo.gl/VBI7Wj		

RSQ BRD Team Rescue, SBE Configuration, Staggered: <https://goo.gl/LkLvAq>
RSQ BRD Team Rescue, One Submerges Configuration, Simultaneous: <https://goo.gl/MLIsii>
RSQ BRD Team Rescue, One Submerges Configuration, Staggered: <https://goo.gl/jdz7E9>
RSQ BRD Team Rescue, 2 Submerge Configuration, Simultaneous: <https://goo.gl/u1sMu0>
RSQ BRD Team Rescue, 2 Submerge Configuration, Simultaneous: <https://goo.gl/PJ3Od4>